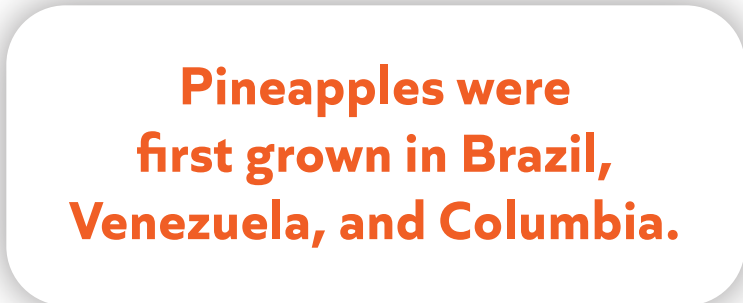




HARVEST OF THE MONTH:

Pineapples



Then they were brought to Europe and spread around the globe.

HISTORY OF Pineapples



**A hummingbird
pollinates the
flower of the plant.**

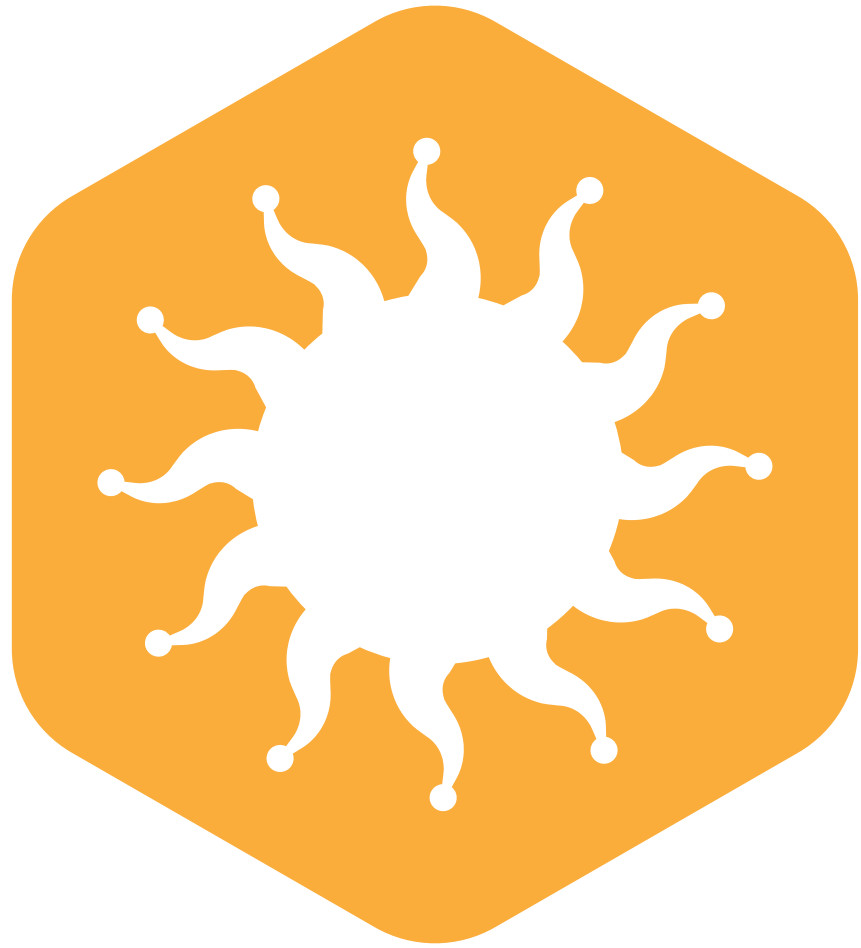
HOW DO PINEAPPLES GROW?



Then the flower swells to become the pineapple we eat. Only one pineapple fruit grows on each plant.

HOW DO PINEAPPLES GROW?

WHAT SEASON DO WE PICK PINEAPPLES?



SUMMER



AUTUMN



WINTER



SPRING

WHY SHOULD WE EAT PINEAPPLES?

**Fights off germs,
prevents colds**



Strong bones



Healthy muscles



HOW DO YOU PICK A GOOD PINEAPPLES?

- To pick out a ripe pineapple you should pull on one of the leaves. If it releases easily then it is ready to eat.
- The pineapple should also smell sweet.
- Do not put pineapples in the fridge until it has been cut up.

FUN FACT: In some cultures the pineapple is known as the best house warming gift; because pineapples are thought to bring good luck.





LET'S TRY SOME
Pineapples!

